

CONWAY KIT LIST

- A warm outside jacket (not a thick 'puffa' type anorak as you will wear it underneath waterproof trousers and jacket for some activities – the centre will provide these)
- 2 Jumpers or sweat shirts
- 3 long sleeved tops / vests (Football under armour type tops or thermals are good)
- 3 t-shirts (wearing lots of layers is the best way to keep warm)
- Trousers - 4 pairs jogging bottoms or leggings (not jeans)
(You may want to wear thermals/ leggings/ tights under your joggings bottoms)
- Socks - 5 warm pairs
- Underwear for each day
- Nightwear
- Footwear **3 pairs**
Choose from: Trainers/Wellies/walking boots
They will definitely get wet/muddy so bring shoes/boots that you don't mind getting dirty!
- Slippers/trainers for indoor use (these trainers won't be worn outside)
- Gloves – (2 pairs in case one pair get wet)
- Hat – not with a bobble or it won't fit under a helmet when canoeing.
- Wash Kit:
Soap, toothbrush/toothpaste, shampoo, face cloth, bath towel, non aerosol deoderant
- Disco clothes for the last night! Also, any clothes/props you may need for the Talent Show

NO MOBILE PHONES

NO EXPENSIVE CAMERAS OR HARDWARE (You can bring a disposable camera)

NO AEROSOLS

Maximum of £10 spending money (optional)