



Holy Family Catholic Primary School
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Head Teacher: Miss M Hilton

7th January 2026

Dear Parents / Carers,

YEAR 5 - SWIMMING

We are very pleased to inform you that Year 5 pupils will be starting their swimming lessons this term on **Monday 12th January**.

Important Active Aquatics rules

1. All children will all need a swimming kit:
 - Towel
 - Boys should wear swimming trunks (not shorts)
 - Girls should wear a swimming costume (not bikini)
 - All children will also need a swimming hat
 - Goggles are optional
2. No jewellery to be worn in the pool – if your child has a problem with the removal of earrings please send them without earrings on swimming days.

It is important your child is wearing the correct type of costume, if a child brings baggy shorts or a bikini to wear they will not be allowed to swim. The same applies to earrings, if your child does not remove them before getting in the pool they will not be allowed to swim. Please note these are Active Aquatics rules not school rules.

If for any reason your son/daughter is unable to go swimming one week we will need a letter explaining why. If you have any questions please speak to the class teacher.

Many thanks,

Mr T Atkinson

Class teacher

