

Week 1	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Red Choice Option A	BBQ Chicken Sunshine Vegetable Rice	Big Breakfast	Chicken & Vegetable Pie Carrots & Peas Roast Potatoes	Beef Lasagne & Garlic Bread Side Salad	Fishy Friday Garden Peas & Sweetcorn Chipped Potatoes
Green Choice Option B	(V) Mac & Cheese Mixed Green Salad	(V) Tuna Pasta Bake Crispy Salad	(V) Quorn & Bean Chilli Boiled Rice	(V) Sweet Potato & Chickpea Curry Vegetable Rice	(V) Broccoli & Cauli Cheesy Pasta Bake
Blue Choice	Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato
Yellow Choice	Sandwich <i>*please specify</i> Ham / Cheese / Egg / Tuna	Sandwich <i>*please specify</i> Ham / Cheese / Egg / Tuna	Sandwich <i>*please specify</i> Ham / Cheese / Egg / Tuna	Sandwich <i>*please specify</i> Ham / Cheese / Egg / Tuna	Sandwich <i>*please specify</i> Ham / Cheese / Egg / Tuna
Dessert	Shortbread Biscuit	Oat, Apple & Honey Slice	Fruit Jelly & Cream	Fruit Sponge & Custard	Chocolate & Banana Brownie

Week 2	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Red Choice Option A	(V) Pizza, Coleslaw Mixed Salad Chipped Potatoes	Sausage & Mashed Potato Garden Peas	Honey Glazed Gammon Cauliflower, Broccoli & Gravy Paprika Roasted Potatoes	Chicken Korma Curry 50/50 Rice & Naan Bread	Fishy Friday Mushy Peas Chipped Potatoes
Green Choice Option B	(V) Tomato, Basil & Roasted Vegetable Pasta Crispy Salad	(V) Veggie Curry Rice & Naan Bread	(V) Vegetable Tray Bake Crispy Green Salad	(V) Cheese & Potato Puff Baked Beans	(V) Cold Wraps Mixed Salad Chipped Potatoes
Blue Choice	Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato
Yellow Choice	Sandwich <i>*please specify</i> Ham / Cheese / Egg / Tuna	Sandwich <i>*please specify</i> Ham / Cheese / Egg / Tuna	Sandwich <i>*please specify</i> Ham / Cheese / Egg / Tuna	Sandwich <i>*please specify</i> Ham / Cheese / Egg / Tuna	Sandwich <i>*please specify</i> Ham / Cheese / Egg / Tuna
Dessert	Peach & Pineapple Flapjack	Homemade Mini Biscuit & Fresh Fruit Slice	Jam Sponge & Custard	Ice Cream Pot	Lemon Drizzle Cake

Week 3	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Red Choice Option A	(V) Sausage & Tomato Pasta Mixed Salad	Chicken Tikka Curry Boiled Rice Naan Bread	Roast Turkey & Gravy Sweetcorn & Green Beans Paprika Potatoes	Cajun Chicken & Vegetable Pasta Herby Bread	Fishy Friday Garden Peas & Sweetcorn Chipped Potatoes
Green Choice Option B	(V) Veggie Cottage Pie Greens	(V) Pizza Pockets Salad Sticks & Potato Wedges	(V) Quorn Bolognese Pasta & Onion Bread	Cheese & Onion or Salmon & Broccoli Frittata Jacket Potato & Salad	(V) Bean & Cheese Quesadilla Mixed Salad Chipped Potatoes
Blue Choice	Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato
Yellow Choice	Sandwich <i>*please specify</i> Ham / Cheese / Egg / Tuna	Sandwich <i>*please specify</i> Ham / Cheese / Egg / Tuna	Sandwich <i>*please specify</i> Ham / Cheese / Egg / Tuna	Sandwich <i>*please specify</i> Ham / Cheese / Egg / Tuna	Sandwich <i>*please specify</i> Ham / Cheese / Egg / Tuna
Dessert	Fruity Oat Cookie	Vanilla Cup Cake	Marble Cake	Frozen Yoghurt Pot	Cookie

Also available daily: Fresh bread & mixed salad bar. Fresh fruit or yoghurt. Fruit juice, semi skimmed milk or fresh water.

Child's Name: _____

Class: _____

P.T.O.

Please return this menu ASAP

IT IS IMPORTANT THIS MENU IS RETURNED PROMPTLY

IF WE DO NOT HAVE A COMPLETED MENU YOUR CHILD WILL BE GIVEN THE RED OPTION EACH DAY

Your child should make one meal choice for each day.

Please take the time to discuss the options with your child to make sure we order something they will eat.

- **Children in Reception, Year 1 and Year 2** are entitled to universal infant free school meals. You do not need to pay for their lunch.
- **Children in Year 3, 4, 5 & 6** hot dinners cost **£13.00** per week which should be paid online using the School Gateway app. You can also pay by cash, cheque or card at the office. If your child is entitled to income based free school meals you do not need to make any payment.
- **LATE PAYMENTS** - If your account becomes more than 2 weeks overdue please contact the office to confirm when you will be making payment. If your account becomes more than 4 weeks overdue you will need to provide your child with a packed lunch until you come to an agreement to pay the outstanding balance.
- **Free School Meals** - if you think you might be entitled to income based free school meals please contact the office for a form or apply online at www.sefton.gov.uk – Sefton are trialling a new system to auto enrol families who are entitled to free school meals, they will contact you if it applies to you, please do not opt out even if your child wants to continue having packed lunches. The bonus for you is supermarket vouchers during the holidays and the bonus for school is additional pupil premium funding.

Please inform the office if your child wants to stop having hot dinners.