

Our Vision for Relationships, Sex, Health and Education



A rich RSHE curriculum builds upon the prior experiences of our children and their curiosity about the world around them. Through our RSHE curriculum, we want our children to develop the skills to make and maintain positive relationships with others. Additionally, we want them to learn and appreciate the wonder of human growth, change and reproduction. Through our RSHE curriculum, we aim to develop in our children high self-esteem and instil respect for themselves and others. Underpinning our curriculum is the knowledge of God's great love for us and our own uniqueness.

Our vision is to support the delivery of RSHE, through the programme of, "*A Journey in Love*". The foundational premise of this programme is one that believes we are made in the image and likeness of God. Throughout the year, children will consider the following aspects of love; physical, social, emotional, intellectual and spiritual. This will enable them to grow and develop healthily and holistically towards an understanding of their gender and its implications for successful relationships; they must be at ease with themselves and grow in self-knowledge. RSHE will work alongside Religious Education lessons under Liverpool Archdiocese guidance and in conjunction with SMSC.