



Munchkins

LET'S MAKE SOME HEALTHY CHOICES



WEEK 2

Monday

Veggie Sausage & Gravy 
Mixed Veg & Mashed Potatoes

Chicken Nuggets
Mixed Veg Rice with Curry or BBQ Sauce

Apple Flapjack

Tuesday

Beef Burger & Bun
Onions & Sauce
Seasoned
Oven Baked Wedges

Veggie Dippers 
Seasoned
Oven Baked Wedges
Baked Beans

Fruit & Yoghurt Pots

Wednesday

Roast Turkey & Gravy
Carrot & Sweetcorn
Roast Potatoes

Quorn & Veg Pie
Gravy 
Carrots & Sweetcorn
Roast Potatoes

Chocolate
Cup Cake

Thursday

Chicken Korma
Basmati Rice
Naan Bread

Veggie Meatballs
in Sauce 
Pasta Twirls &
Garlic Bread

Choice of Fresh Fruit
or Cheese & Crackers

Friday

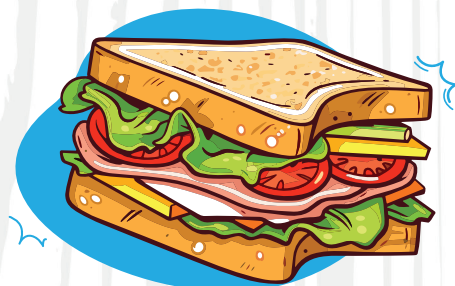
Fishy Friday
Skinny Fries
Peas & Sweetcorn

Cheese & Mixed Bean
Enchiladas 
Mixed Salad &
Skinny Fries

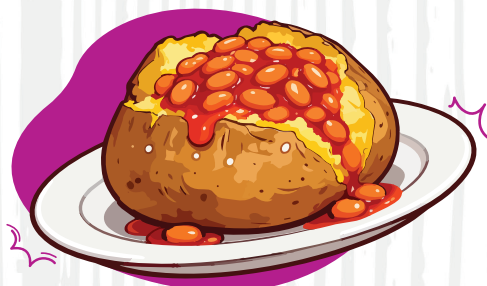
Cherry
Shortbread

AVAILABLE DAILY...

Fresh
Sandwiches

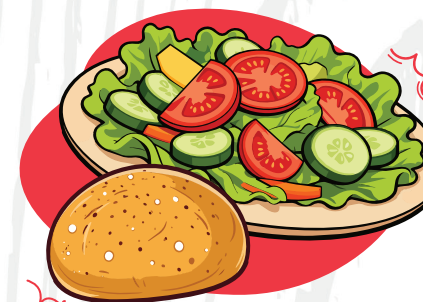


Jacket
Potatoes



DRINKS:
Fruit juice,
Semi skimmed milk
Fresh water

Salad &
Fresh Bread



Fat Free Yoghurt
& Fresh Fruit

